

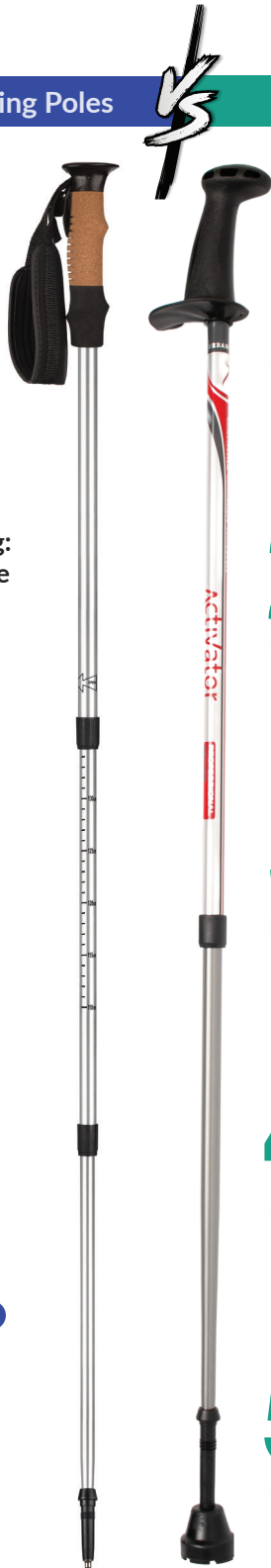


Activator[®] advantage



Nordic Walking/Hiking Poles

ACTIVATOR[®] POLES



Straps & thin handle.

Extended Wrist Position.

Core Strengthening: downward pressure on strap

Twist lock and Flip locking mechanism with limited weight bearing capacity.

Anti-Vibration: May or may not have any.

No tips, small tips, or boot tips for positioning poles on a diagonal for fitness use.

1

Strapless Ergonomic CoreGrip Handle for core strengthening and to reduce the risk of injury.

2

Secure locking system weight bearing capacity 200 lb per pole (90 kg) Activator² 320 lb per pole.

3

Anti-vibration features

4

Adjustable in length

5

Bell-shaped tips for stability



SCAN to Learn More About Evidence Based Activator Research



SCAN to Discover the Activator[®] Advantage



ACTIVATOR® IS REVOLUTIONIZING MOBILITY AND REHABILITATION.

Prescribed extensively in all continuums of health care as an effective alternative to canes and to reduce the use of crutches and walkers.

“ The ACTIVATOR® Poles have a unique hand-grip which enables the user to stabilize their arm through the lateral border of the hand, thus providing a little more stability than standard walking poles as well as promoting a more neutral wrist posture.

Wendy Walker,
neurological physiotherapist
UK, Physiopedia.



	ACTIVATOR® Poles	Canes	Forearm crutches	Walker
Support	Bilateral	Unilateral	Bilateral	Bilateral
Weight bearing	200lb/pole (90kg)	Varies	300+ lb (136 kg)	300+ lb (130 kg)
Stability	2 contact points	1 contact point	2 contact points	4 contact points
Posture	Upright	Leaning to on side	Leaning forward	Kyphotic
Arm swing	Normal	Asymmetrical arm swing	Bilateral arm swing	Static
Gait pattern	Functional	Leaning to on side	Smaller stride	Smaller stride & shuffle
Core strength	Increases	Limited engagement of core muscles	Limited engagement of core muscles	Limited engagement of core muscles
Wrist position (stress)	Neutral	Extended	Extended	Extended
Rest option				Seat
Basket				Yes
Portability	Ease-collapses & 3lb (1.36kg)	Easy	Moderate	Moderate
Cost	\$124.99-\$154.99	\$10.00-\$16.00	\$60.00 - \$180.00	Reg. \$40.00 - \$80.00 Rollator \$100.00 - \$150.00
Research	~300 on PubMed			

Self-image

“ I immediately understood the benefits of the ACTIVATOR® poles as an alternative to canes, crutches and even walkers. The poles encourage an upright and symmetrical posture, rather than the forward lean of a walker or an asymmetrical lean from one cane. There is also an immediate reduction in lower extremity pain when weight bearing as well as improved balance and walking confidence.

Quote from British Columbia Physical Therapy Association Magazine.

Dolores Langford,
Physiotherapist



ABILITY



DISABILITY



DISABILITY



DISABILITY



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