

To: _____ Re: _____

Date: _____

Dear Sir/Madam:

The ACTIVATOR™ poles are an assistive walking device specifically designed for rehabilitation. Backed by research (>100 studies on the benefits of walking poles and 5 current studies specific to the ACTIVATOR™), this device provides more stability, balance and confidence for walking.

Clinical uses:

- Geriatric Rehab & Fall Prevention
- Parkinson's Disease, MS, ABI, CVA
- Hip & Knee pre/post surgery
- Cardiovascular Rehabilitation
- Arthritis (OA, OP)
- Cancer Rehabilitation
- Vestibular Disorders
- Obesity (affecting walking ability)
- Soft Tissue injuries and RTW

Rehab & Safety Features of the ACTIVATOR™ Poles:

- **CoreGrip, strapless handle** – left and right hand for maximum comfort. This unique design allows the hand and wrist to be maintained in a neutral and wide grip position, while providing unparalleled comfort. The wide shape of the handle is perfect for those individuals with arthritis or those at risk for repetitive strain injuries. The technique is based on placing resistance on the base of the handle, without gripping tightly.



- Easy-to-use **button-lock system** ensures the extendable shaft is securely locked for weight bearing capacity of up to 200 lbs per pole (vs. 20 to 90 lbs of other poles). Other poles employ a twist-lock mechanism that people with arthritis or neurological conditions find difficult to securely lock.
- **Fully adjustable** (4'2" to 6') one size fits all. Each pole weighs only ~280 g (0.6 lbs).

- Additional safety features include the **patented ferrule design** which reduces vibration and stress on joints. The large, **bell-shaped tips** ensure that the poles remain upright to increase stability. A travel clip is included for temporarily securing Urban poles for traveling.



Proven Benefits:

- Improved balance, stability and greater confidence while walking (factors related to fall prevention)
- Improved walking tolerance and gait speed with reduced impact on lower extremity joints to reduce pain
- Improved core strength - key factor for ability to mobility and function in ADLs
- May be used as a primary walking device as an alternative to a cane, crutches or walker (only under the advice of a therapist or physician)
- Improved posture - canes and walkers can promote rounding of the back and static arm positioning
- Encourages bilateral, rhythmical movement to improve co-ordination

*Poles come with a **2-year warranty** against manufacturing defects.
For more details, please visit www.urbanpoling.com*

Sincerely,
